MODERN PENTATHLON – VICTORIA
Invites you to participate in the

ASSUMPTION COLLEGE KILMORE EQUATHON CHALLENGE

To be held at Lancefield Equestrian Reserve, Millers Rd, Lancefield
On
Sunday 23rd February 2014

SWIM

RIDE

RUN

To be run under the auspices of Modern Pentathlon-Victoria Inc. at the facilities of the Lancefield Equestrian Reserve, Millers Rd, Lancefield.

Entries Close: Tuesday 18th February 2014

What is an Equathon?
An Equathon is a three-event competition consisting of:
- Show Jumping
- Swimming
- Cross-Country Running

Competitors first complete in the swim leg first, with a designated distance for each age group, receiving a time. The competitor then completes a round of show jumping this time is then added to the swimming time. The order of running in the last section of the event is according to the time placing after the first two phases, the leader starting first. This means it is a “chase run”, with the position over the line in the run being the final placing.

The Equathon event has been devised as a development sport for the Modern Pentathlon, which includes these three sports plus Laser Pistol Shooting and Epee (fencing).
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PROGRAM: Sunday 23rd February 2014

<table>
<thead>
<tr>
<th>TIMES</th>
<th>SCHEDULE</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.00 AM</td>
<td>Registration at Lancefield Equestrian Reserve, Millers Rd, Lancefield</td>
</tr>
<tr>
<td>8.45 AM</td>
<td>Bus &amp; car pool to Kilmore Leisure Centre (indoor pool) – includes warm up</td>
</tr>
<tr>
<td>9.30 AM</td>
<td>Commence swimming phase</td>
</tr>
<tr>
<td>10.45 AM</td>
<td>Return to Lancefield Equestrian Reserve to walk show jump course</td>
</tr>
<tr>
<td>11.00 AM</td>
<td>Commence Show Jumping phase</td>
</tr>
</tbody>
</table>

*Times may be subject to change depending upon the number of entries.

RUN PHASE
The Running phase will be held at the Lancefield Equestrian Reserve, at the conclusion of the show jumping rounds. The run will be over a cross-country run style course of a one-kilometer loop, marked with small red witches hats. Runners doing the longer distances will repeat the course as necessary. If there are more than 40 individual competitors, then a half hour lunch break occurs between the show jump and run leg. Equathon events are open to both Individuals and Teams

INDIVIDUALS complete the three phases of the event, and are permitted to compete as part of a team, their phase contributes to the team score.

TEAMS comprise of 3 individuals who each complete one phase each.

HEIGHTS / DISTANCES / TIMES

<table>
<thead>
<tr>
<th>SECTION</th>
<th>AGE</th>
<th>RUN</th>
<th>SWIM</th>
<th>RIDE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>11-13 years</td>
<td>1 km</td>
<td>100 m</td>
<td>45 cm</td>
</tr>
<tr>
<td>2</td>
<td>14-16 years</td>
<td>2 km</td>
<td>100 m</td>
<td>65cm</td>
</tr>
<tr>
<td>3</td>
<td>17-18 years</td>
<td>2 km</td>
<td>200 m</td>
<td>90 cm</td>
</tr>
</tbody>
</table>

TEAM CATEGORIES

| Team A | 3 athletes of the same age group. One phase each. |
| Team B | 3 athletes from the same family. One phase each (11yrs to 18yrs) |

Note this event is only open to competitors who are school or are home schooled and have signed the declaration on this entry form. Modern Pentathlon Victoria will provide prizes. Medallions are awarded to third place for all individuals, and all teams.
**ASSUMPTION COLLEGE KILMORE EQUATHON CHALLENGE**

**Sunday 23rd February 2014**

**HOW WILL THE EQUATHON BE SCORED?**

<table>
<thead>
<tr>
<th>FIRST PHASE</th>
<th>Swimming</th>
<th>Time taken over distance for section entered, note sliding scale between female and males.</th>
</tr>
</thead>
<tbody>
<tr>
<td>SECOND PHASE</td>
<td>Show-jumping</td>
<td>The course will be between 450 metres and 1000 metres in length. Maximum time allowed is calculated by an average speed of 350 mpm. Errors are converted to time faults and added to the competitor’s time. Time faults are penalized as double time. A course plan with length, speed and maximum course time will be posted on the day of the competition.</td>
</tr>
</tbody>
</table>

**SHOWJUMPING SCORING:**
1. A clear round within the time allowed shall give the competitor their total time in seconds (rounded down to the nearest half second). All penalty seconds are added to this sum.
2. In the case of the ride being terminated, the competitor will earn double time allowed in seconds.
3. Positions are decided solely on the total time recorded taking into account all penalties.

**PENALTIES:**
- 4 seconds added
  - First fall of rider
  - Disobedience (after two at one fence, horse and rider go around the jump and continue)
  - Obstacle knock down
- 8 seconds added
  - Disobedience leading to knockdown
  - Starting before the bell or before a refused jump is rebuilt
  - Not stopping when the bell is rung during the round
  - All unauthorized assistance

**Rider “eliminated”- double time allowed will be added, so the rider finishes with a score**
- Exceeding the time limit (which is twice the time allowed)
- Leaving the arena before the end of the round
- Competitor or horse not able to continue the course
- Second fall of horse or rider
- Competitor retiring from the competition during the ride
- Three refusals, and most other typical forms of elimination in Show Jumping

| THIRD PHASE | Running | The aggregate of the swimming phase and jumping phase times are added together to give a starting order, note male athletics are subject to added time penalties. The highest placed competitor goes off “scratch’ – at zero starting time. People with more penalties start later, counting off seconds before they start to run. The event is then a “chase run” with competitors able to try and catch the competitor in front. |

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**Note entries close Tuesday 18th February 2014** - Note participants will be notified if cancellation due to adverse weather conditions etc, and email acknowledgements of registrations received. For information, assistance completing the registration form, clarification, or additional registration forms - please contact - Ernie Fontaine, Modern Pentathlon Victoria. 03 5264173 or 0421210178 or esprit1@bigpond.com
**ENTRY FORM** - Entries close: Tuesday 18th February 2014

Entries and payment to be sent to: MPV, Ernie Fontaine, 130 Bluestone School Road, Connewarre 3227

This event is open to both **Individuals** and **Teams**

Team Categories are:

<table>
<thead>
<tr>
<th>Team</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Team A</td>
<td>3 athletes of the same age group. One phase each.</td>
</tr>
<tr>
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<td>3 athletes from the same family. One phase each (11yrs to 18yrs)</td>
</tr>
</tbody>
</table>

**Contact name**

…………………………………………………………………………………………………………………………………………………………………………………..

**Age / Date of birth**

…………………………………………………………………………………………………………………………………………………………………………………..

**Address**

…………………………………………………………………………………………………………………………………………………………………………………..

**E-mail**

…………………………………………………………………………………………………………………………………………………………………………………..

**Phone Numbers**

…………………………………………………………………………………………………………………………………………………………………………………..

**School**

…………………………………………………………………………………………………………………………………………………………………………………..

**Equathon Individual Entry @ $33, which includes a $3 facilities fee**

<table>
<thead>
<tr>
<th>Sub-Total: $</th>
</tr>
</thead>
</table>

Name: …………………………………………………………………………………………………………………………………………………………………………

Horse: …………………………………………………………………………………………………………………………………………………………………………

**Section**

…………………………………………………………………………………………………………………………………………………………………………………..

Jump Height: …………………………………………………………………………………………………………………………………………………………………………

**Equathon Team Entry @ $13 per member, which includes a $3 per person facilities fee**

<table>
<thead>
<tr>
<th>Sub-Total: $</th>
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</thead>
</table>

**Team Manager**

…………………………………………………………………………………………………………………………………………………………………………………..

Contact Number -

| 1. ………………………………………………………………………………………………………………………………………………………………………….. |
| 2. ………………………………………………………………………………………………………………………………………………………………………….. |
| 3. ………………………………………………………………………………………………………………………………………………………………………….. |

**Team Member:**

(Updated Phase) 1.

Horse: …………………………………………………………………………………………………………………………………………………………………………

(Jumping Phase) 2.

Horse: …………………………………………………………………………………………………………………………………………………………………………

(Run Phase) 3.

Jump Height: …………………………………………………………………………………………………………………………………………………………………………

**Team Name:**

…………………………………………………………………………………………………………………………………………………………………………………..

**Addresses of Horses:**

(from/returning to) …………………………………………………………………………………………………………………………………………………………………………

**TOTAL ENTRY FEES ENCLOSED:** $

Cheques made payable to: Modern Pentathlon – Victoria

Please send to: Ernie Fontaine, 130 Bluestone School Road, Connewarre 3227

All competitors are responsible for the health of their horses, and consent to a vet being called if there is a suspected ill horse. Competitors are responsible for payment for vet services. Unless your school covers your Accident & Public Liability insurance then you must be an EFA member. If your School covers these insurances then a letter of proof **MUST** accompany your entry form.

**Release and Waiver of Liability** – sports that include horses are a dangerous activity – I understand and acknowledge that these sports are a dangerous activity and that horses can act in a sudden and unpredictable (changeable) way, especially if frightened or hurt. I understand and acknowledge that serious injury or death may result from horse sport activities and in particular, this event. I agree that I participate at my own risk. I agree not to drink alcohol or take drugs prohibited by law before or during this competition.

I understand that the signature on this document constitutes an unconditional release of all liability from Modern Pentathlon Victoria, the Equestrian Federation of Australia Ltd, including all of its state bodies, coaches and affiliated clubs, Pony Club Association of Victoria Ltd, including all its state bodies, coaches and affiliated clubs, to the greatest extent allowed by the law in the event of me and/or the minors under my care, who may suffer injury or death.

I have read and understood the rules and conditions of entry and agree to abide by them.

**Guardian/Competitors name:** …………………………. Date: ………………… Signature: ………………………………….

**Principal/Sports Coordinator:** …………………………. Date: ………………… Signature: …………………………………..